



### **Clothing**

- Ideally clothing that is comfortable.
- No clothing with offensive images or writing.
- Shorts should be appropriate length.
- Shoes, Socks, Underwear
- No hats are allowed to be worn in the building.
- Towels

### **Toiletries**

- Soap, Shampoo, Toothbrush etc
- Hair products
- Shower shoes if desired
- No items that have alcohol.
- No Straight razors
- Please no body sprays, perfume, cologne etc

### **Home Medications**

- Bring all of your home medications.
- Please make sure they are in the original prescription bottle.
- Doctor's prescriptions

### **For Smokers**

- Vapes are not allowed to be used at the facility
- Nothing with CBD will be allowed.

### **Miscellaneous Items**

- Written list of important phone numbers

**Leisure activities if desired**

- Books
- Adult coloring books
- Drawing supplies
- Colored pencils
- Journals
- AM/FM alarm clock/ radio if desired
- Crossword puzzles, word search, etc...

**WILL NOT BE ALLOWED**

- Blankets
- Pillows (allowed if brought into facility, brand new in original packaging)
- Stuffed animals
- Musical instruments
- Computers
- Cell phones (will be returned to the relative / significant other)
- Video games
- Movies, handheld video games etc..
- Skateboards
- No outside food, gum, mints or drinks are allowed in facility. Any food products/ drinks brought in on admission will be thrown away.